

# VITALITY

## BREATHE LIFE, FEEL THE ENERGY



The 9th Annual Young Artists Competition at Rebalance<sup>MD</sup>

Wednesday May 14, 2025 • 5-7pm

RebalanceMD is a facility for complete musculoskeletal care located at Uptown in Victoria. We aim to engage with the local community by encouraging creativity and culture in Vancouver Island's youth through the Young Artists Competition

[www.rebalancemd.com](http://www.rebalancemd.com) • 104-3551 Blanshard St, Victoria, BC •

p: 250-940-4444

Applicants contact: [design@rebalancemd.com](mailto:design@rebalancemd.com)

# VITALITY: BREATHE LIFE, FEEL THE ENERGY

## *The Young Artists Competition 2025*



- ABOVE -

**Kyla Younger**  
Gold Award Winner, 2019

Oak Bay High School  
Oil Paint on Canvas  
Age 15

- RIGHT -

**Alexandra Lee**  
Silver Award Winner, 2019  
&  
People's Choice Winner, 2019

Oak Bay High School  
Acrylic Paint on Canvas  
Age 16

*Each year* Rebalance<sup>MD</sup> is packed with members of our community for the our annual Young Artists Competition. Over twenty five secondary school students compete for various awards and a spot in the Young Artists Spring Exhibition.

We are always impressed by the quality of the creations each year and proudly display all works in the public areas of our clinic for staff and patients to enjoy.



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## *The Young Artists Competition 2025*

### Award winners

Will receive a cash prize and their work will become part of RebalanceMD's permanent Art Collection

Gold		\$400.00
Silver		\$300.00
Bronze		\$200.00

### Eligibility

Applicants must be currently enrolled in a Vancouver Island high school.

Participants under the age of 18 will need a guardian present at the time of the competition to sign a consent form.

The competition will take place from 5:00PM to 7:00PM on Wednesday, May 14 at Rebalance<sup>MD</sup> and is open to the public. Friends and family are welcome.

### *This year's theme is*

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Artists are encouraged to express the theme through realism, abstract concepts or any other way that they would like. Feel free to explore concepts and ideas in original and innovative ways.

The deadline to apply is Wednesday, April 30. Artwork does not have to be completed until the day of the competition at which time it must be fully dry and ready to display. A brief artist statement of 50 to 100 words and a description of the medium you are using must be emailed to [design@rebalancemd.com](mailto:design@rebalancemd.com) no later than May 7

<b>To...</b>	<input type="text" value="design@rebalancemd.com"/>	<b>How To Apply :</b>  Email <a href="mailto:design@rebalancemd.com">design@rebalancemd.com</a> with your name, age, contact email and phone number, and the name of your guardian if you are under the age of 18.  Specify which high school you are attending and the name and contact email of your art teacher.  An email with confirmation of registration will be sent out once we have processed your application.
<b>Cc...</b>	<input type="text"/>	
<b>Bcc...</b>	<input type="text"/>	
<b>Subject:</b>	<input type="text" value="YAC Entry Form: [First Name] [Last Name]"/>	
<b>Attachments...</b>		
Artist name: Artist age: Contact email: Contact Phone: Guardian's name:  High school: Art teacher's name: Art teacher's contact email:		

The award winning artwork will be purchased by Rebalance<sup>MD</sup> and, after the Young Artists Exhibition, will become part of the company's art collection.

All other works will be returned to the artists post-exhibition. This is a great opportunity for young artists to gain recognition in the community and build a client history for their professional portfolio.

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## *The Young Artists Competition 2025*



### *Judging*

Artwork will be judged across all mediums. The criteria the judges look at include the following:

- Interpretation and clarity of the theme for the viewer
- Creativity and originality
- Quality of artistic composition and overall design
- The overall impression of how well it stands on its own and as a complete and outstanding work of art

### *Criteria*

We open the competition up to a variety of creative mediums and encourage students to think outside the box. Feel free to email [design@rebalancemd.com](mailto:design@rebalancemd.com) if you have any questions or concerns regarding the different mediums and dimensions. All artwork needs to be properly prepared for display and appropriate for an office setting. Mixed media across any of these categories is welcome.

**\*Every artist must provide their own easel to display their work**

#### ***PAINTINGS***

- Image wraps around the edge of the canvas OR
- The edge is painted a dark color

#### ***MOBILES (3D)***

- Lightweight
- Structurally sound
- Appropriate to hang in an office space

#### ***DRAWINGS***

- Matted

#### ***PHOTOGRAPHY***

- Matted or mounted

### ***Contact***

For more information or if you have any questions please contact [design@rebalancemd.com](mailto:design@rebalancemd.com)